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## Note γCD/HPγCD: Synergistic solubilization

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## ABSTRACT

The natural  $\gamma$ -cyclodextrin ( $\gamma$ CD) is like linear water-soluble dextrins, and unlike the natural  $\alpha$ - and  $\beta$ -cyclodextrins ( $\alpha$ CD and  $\beta$ CD), digested by salivary and pancreatic amylase. This gives  $\gamma$ CD a very favorable toxicological profile. However, its usage is hampered by its relatively low solubilizing effect and tendency to form turbid solutions. Addition of 2-hydroxypropyl- $\gamma$ -cyclodextrin (HP $\gamma$ CD) to aqueous  $\gamma$ CD solutions increases the complexation efficiency of  $\gamma$ CD and reduces the turbidity. For example, 80:20 mixture of  $\gamma$ CD and HP $\gamma$ CD is up to 50% more effective solubilizer for dexamethasone and hydrocortisone than expected based on the solubilizing effects of the individual cyclodextrins. Mixing  $\alpha$ CD or  $\beta$ CD with their more water-soluble derivatives only resulted in additive effects. Mixing  $\gamma$ CD with HP $\gamma$ CD resulted in synergistic effect.

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The natural  $\gamma$ -cyclodextrin ( $\gamma$ CD), unlike the natural  $\alpha$ - and  $\beta$ cyclodextrins ( $\alpha$ CD and  $\beta$ CD), is rapidly and essentially completely digested by salivary and pancreatic amylase (Munro et al., 2004). Studies in humans have shown that  $\gamma$ CD is well tolerated and does not cause any gastrointestinal discomfort (Koutsou et al., 1999), which is to be expected since  $\gamma$ CD is metabolized just like linear water-soluble dextrins. 2-Hydroxypropyl- $\gamma$ -cyclodextrin (HP $\gamma$ CD), a water-soluble  $\gamma$ CD derivative, is also digested by salivary and pancreatic amylase and therefore believed to possess more favorable toxicological profile than hydroxypropylated  $\alpha$ CD and  $\beta$ CD (HP $\alpha$ CD and HP $\beta$ CD). Although  $\gamma$ CD has very favorable toxicological profile its usage is hampered by its limited aqueous solubility and ability to form water-soluble drug complexes. We have observed that the complexation efficiency of vCD can be improved significantly by adding small amount of HPyCD to the aqueous complexation media. Following is a short description of our findings.

Dexamethasone was purchased from Fagron group (Amsterdam, The Netherlands), hydrocortisone from ICN Pharmaceuticals (USA),  $\alpha$ CD,  $\beta$ CD,  $\gamma$ CD, HP $\alpha$ CD with molar substitution (MS) of 0.6 (MW 1182 Da) and HP $\gamma$ CD MS 0.6 (MW 1576 Da) from Wacker Chemie (Germany), HP $\beta$ CD MS 0.6 (MW 1400 Da) from Roquette (France), disodium edetate dihydrate (EDTA) from Merck (Germany), benzalkonium chloride from Sigma (USA). Sulfobutylether  $\beta$ -cyclodextrin sodium salt (SBE $\beta$ CD) MS 0.9 (MW 2163) was kindly donated by Cydex Inc. (USA). All other chemicals used were of

analytical reagent grade purity. Milli-Q water was used for the preparation of all solutions. The solubility of the drugs in aqueous cyclodextrin solutions was determined in triplicate by the previously described heating method (Loftsson et al., 2005). The complexation media was either pure water or aqueous eye drop formulation containing 0-20% (w/v) cyclodextrin, benzalkonium chloride (0.02%), EDTA (0.1%) and sufficient sodium chloride to obtain isotonicity. The pH of the eye drop formulation was adjusted to 7.4 with concentrated sodium hydroxide solution. Quantitative determinations were performed on a reversed-phase HPLC component system from Hewlett Packard Series 1100, consisting of G132A binary pump (operated at 1.5 ml/min) with G1379A solvent degasser, G13658 multiple wavelength detector operated at 241 (dexamethasone) and 254 nm (hydrocortisone), G1313A auto sampler, and Phenomenex Luna 5 µm C18 reverse-phase column  $(150 \text{ mm} \times 4.6 \text{ mm})$ . The mobile phase consisted of acetonitrile, tetrahydrofuran and water (33:1:66). The retention time of dexamethasone was 5.1 min and that of hydrocortisone 3.2 min. The phase-solubility diagram was obtained by plotting the total concentration of dissolved cyclodextrin (moles/liter) versus the drug solubility (moles/liter; mean of three determinations). The apparent stability constant of the drug-cyclodextrin complex (D-CD), assuming that one molecule of drug forms a complex with one molecule of cyclodextrin  $(K_{1:1})$ , was calculated from the slope of the linear phases-solubility profile and the intrinsic drug solubility (S<sub>0</sub>) in the complexation media (Higuchi and Connors, 1965):

$$K_{1:1} = \frac{\text{Slope}}{S_0 \times (1 - \text{Slope})} \tag{1}$$

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#### Table 1

Apparent stability constant ( $K_{1:1}$ ), assuming one to one drug:CD complex formation, and the complexation efficiency (CE) of dexamethasone/cyclodextrin complexes in pure aqueous complexation medium at room temperature (22–23 °C)

Cyclodextrin	Ratio <sup>a</sup>	Slope <sup>b</sup>	Correlation coefficient	$K_{1:1} (M^{-1})$	CE
α-CD	-	0.049	0.999	240	0.05
αCD:HPαCD	80:20	0.051	0.998	250	0.05
αCD:HPαCD	20:80	0.066	0.998	330	0.07
HPαCD	-	0.073	0.999	370	0.08
βCD	-	0.531	0.999	5340	1.13
βCD:HPβCD	80:20	0.476	1.000	4280	0.91
βCD:HPβCD	20:80	0.356	0.999	2610	0.55
HPβCD	-	0.305	1.000	2070	0.44
βCD:SBEβCD	80:20	0.503	1.000	4780	1.01
β-CD:SBEβCD	20:80	0.430	1.000	3550	0.75
SBEBCD	-	0.379	1.000	2880	0.61
γCD	-	0.204	0.904	1210	0.26
γCD:HPγCD	80:20	0.471	0.997	4190	0.89
γCD:HPγCD	20:80	0.594	1.000	6900	1.46
HPγCD	-	0.524	1.000	5190	1.10

The intrinsic solubility ( $S_0$ ) of dexamethasone in water was determined to be 83  $\mu$ g/ml (0.2 mM) at room temperature.

<sup>a</sup> The weight-to-weight ratio of dissolved cyclodextrin in the aqueous complexation media (natural cyclodextrin:cyclodextrin derivative).

<sup>b</sup> Slope of the linear phase-solubility diagram.

The complexation efficiency (CE) was calculated from the slope of the linear phases-solubility profile (Loftsson et al., 2005):

$$CE = \frac{[D \cdot CD]}{[CD]} = K_{1:1} \times S_0 = \frac{\text{Slope}}{1 - \text{Slope}}$$
(2)

where [D·CD] is the concentration of dissolved complex and [CD] is the concentration of dissolved free cyclodextrin.

The results are shown in Tables 1 and 2. Mixtures of  $\alpha$ CD and HP $\alpha$ CD,  $\beta$ CD and HP $\beta$ CD, and  $\beta$ CD and SBE $\beta$ CD did not display synergistic effects. On a molar basis the solubilizing effect of these cyclodextrin combinations was additive and their CEs were close to the weight average or molar average of the two cyclodextrins. Here the weight average is approximately the same as molar average. However, combinations of  $\gamma$ CD/HP $\gamma$ CD where 80/20 and 20/80 mixtures displayed CEs those were higher than that of pure  $\gamma$ CD and pure HP $\gamma$ CD, respectively (Table 1). For example, the CE of a mixture of 80% (w/w)  $\gamma$ CD and 20% (w/w) HP $\gamma$ CD was determined to be 0.89 which is about 110% higher than that of the weight average of

#### Table 2

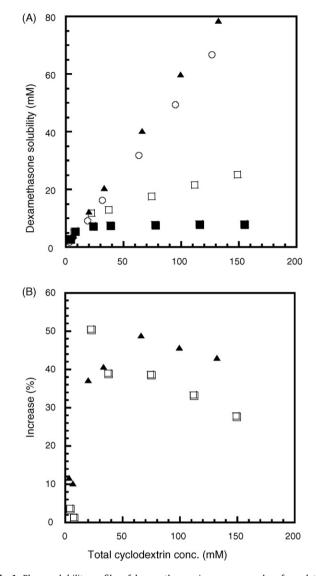
Apparent stability constant ( $K_{1:1}$ ), assuming one to one drug:CD complex formation, and the complexation efficiency (CE) of dexamethasone/cyclodextrin complexes in the aqueous eye drop formulation at room temperature (22–23 °C)

Cyclodextrin	Ratio <sup>a</sup>	Slope <sup>b</sup>	Correlation coefficient	$K_{1:1}$ (M <sup>-1</sup> )	CE				
Dexamethasone									
γCD	-	0.212	0.886	1320	0.26				
γCD/HPγCD	80/20	0.407	0.993	3390	0.69				
γCD/HPγCD	60/40	0.650	1.000	9180	1.86				
γCD/HPγCD	50/50	0.664	1.000	9770	1.98				
γCD/HPγCD	40/60	0.604	1.000	7530	1.53				
γCD/HPγCD	20/80	0.557	1.000	6210	1.26				
HPγCD	-	0.516	1.000	5260	1.07				
Hydrocortisone									
γCD	-	0.238	0.921	240	0.31				
γCD/HPγCD	80/20	0.656	1.000	1460	1.90				
γCD/HPγCD	20/80	0.617	1.000	1240	1.61				
HPγCD	-	0.547	0.999	930	1.21				

The intrinsic solubility ( $S_0$ ) of dexamethasone in the eye drop formulation was determined to be 80 µg/ml (0.2 mM) and that of hydrocortisone to be 470 µg/ml (1.3 mM) at room temperature.

<sup>a</sup> The weight-to-weight ratio of dissolved cyclodextrin in the aqueous complexation media (natural cyclodextrin:cyclodextrin derivative).

<sup>b</sup> Slope of the linear phase-solubility diagram.



**Fig. 1.** Phase-solubility profiles of dexamethasone in aqueous eye drop formulation containing mixtures of  $\gamma$ CD and HP $\gamma$ CD (A), and the percent increase in dexamethasone solubility above the additive effect of the two cyclodextrins (B). The  $\gamma$ CD:HP $\gamma$ CD ratio: 100:0 (**■**), 80:20 (**□**), 20:80 (**▲**), 0:100 (**○**).

 $\gamma$ CD and HP $\gamma$ CD (i.e. 0.8  $\times$  0.26 + 0.2  $\times$  1.10 = 0.43) and 3.4-fold that of pure  $\gamma$ CD. The CE of CD in eye drop formulation is somewhat lower than in pure water due to the presence of additives in the complexation medium; however, the significantly improved solubility by the mixing of  $\gamma$ CD/HP $\gamma$ CD was not impeded. For example, the CE of a mixture of 80% (w/w) yCD and 20% (w/w) HPyCD was determined to be 0.69 which is about 65% higher than that of the weight average of  $\gamma$ CD and HP $\gamma$ CD (i.e. 0.8  $\times$  0.26 + 0.2  $\times$  1.07 = 0.42) and 2.7-fold that of pure  $\gamma$ CD (CE 0.26). Highest CE was obtained when the mixture consisted of 50–60% (w/w) of  $\gamma$ CD (Table 2). Similar results were observed when dexamethasone was replaced by hydrocortisone where an 80/20 mixture resulted in almost 4-fold larger enhancement in the CE than expected based on an additive effect. The observed solubilization enhancement in water was about 50% (Fig. 1) or in other words the synergistic effect of the  $\gamma$ cyclodextrins resulted in up to 50% greater solubilization than could be expected based on their additive effect (Fig. 1B). The mean stability constants  $(K_{1,1})$  of  $\alpha$ CD complexes has been determined to be  $130 \pm 8 \text{ M}^{-1}$ , that of  $\beta$ CD to be  $490 \pm 8 \text{ M}^{-1}$  and that of  $\gamma$ CD to be  $350 \pm 9 \,\text{M}^{-1}$  (population mean  $\pm$  standard deviation; Connors,

1995; Brewster and Loftsson, 2007). Thus the stability constants of  $\beta$ CD are about 40% larger than those of  $\gamma$ CD. Although the stability constants of drug/ $\beta$ CD complexes and the complexation efficiency of  $\beta$ CD are larger than those of drug/ $\alpha$ CD and drug/ $\gamma$ CD complexes the usage of  $\beta$ CD is hampered by its low aqueous solubility. Addition of HP $\gamma$ CD to  $\gamma$ CD formulations can make the relatively water-soluble  $\gamma$ CD just as effective or even better complexing agent and solubilizer than  $\beta$ CD. In conclusion, addition of relatively small amounts of HP $\gamma$ CD to the natural  $\gamma$ CD makes it a better solubilizer for lipophilic water-insoluble steroids than the natural  $\beta$ CD, which in turn is a much better solubilizer than  $\alpha$ CD.

It is not clear how mixing the parent natural  $\gamma$ CD with its more water-soluble derivative HP $\gamma$ CD enhances the CE but it might be related to the intrinsic properties of this cyclodextrin.  $\gamma$ CD, and not  $\alpha$ CD and  $\beta$ CD, does form turbid solutions due to self-aggregation of  $\gamma$ CD (Szente et al., 1998). Filtration or centrifugation of  $\gamma$ CD solutions does not prevent the solutions to become again turbid during storage. Addition of HP $\gamma$ CD to aqueous  $\gamma$ CD solutions appears to reduce turbidity of the solution.

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